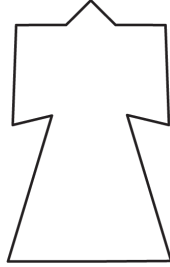


Setsubun-no-harai

Purify and recharge your spirit for the New Year



Setsubun (February 3rd), or New Year's in the lunar calendar, is the day a new season begins. From ancient times, the Japanese people have prayed for purification and to be rid of the previous year's *kegare*, or "withered spirit." Over the course of the year, the energy of a person's spirit is diminished by tiredness, stress, and other pressures, so New Year's rituals are performed to cleanse and refresh this energy and recharge the spirit. Shusse Inari Shrine of America provides these traditional ritual services.

One such ritual is the use of *hitogata*, which are papers cut into the shape of a person. One's name and age are written on the front of *hitogata*. The *hitogata* is then wiped on the body part one wishes to improve or renew and then breathed on. For example, one who desires to improve their knee pain would wipe the *hitogata* on their knee. Finally, the *hitogata* is handed in before the ceremony or mailed to arrive no later than two days before *Setsubun-sai*. It is believed that the *hitogata* represents the person concerned, so in the ceremony it carries all of their *kegare*.

Setsubun-no-harai service fee is a minimum \$10 donation per person.

**2020's *Setsubun-sai* will be held on
Saturday February 1st
at Seiwa Market in Torrance
(21815 Hawthorne Blvd, Torrance, CA 90503)**

***Hitogata* and application form are next page.**

Please cut this shape before you use:



Setsubun-no-harai Application form

Please hand us before *Setsubun-sai* begin or mail this form
with *hitogata*.

Mail: 8931 W. 25th Street, Los Angeles, CA

Arrive no later than January 30th

Gokitō fee: \$10 per person.

We accept check or paypal (please kindly add paypal fee)

Paypal account: AmuletOffice@ShusseInariShrine.org

Please print clearly as we will read this during the ceremony.

Name :

Address :

Date of birth (yyyy/mm/dd) & age :